



## If you sign in with your My HealthVet or DS Logon account:



### Connect your account to an email address.

- The first time you sign in through the VA sign-in page using My HealthVet or DS Logon, you must connect your account to an email address. Enter a current email address that you have access to. **The email address you enter cannot be used to connect another account, such as your spouse's.**
- You will receive a confirmation email from **Hello@ID.me** to the email address you provided.
- Open the email. To confirm your email address, you can either select the **Confirm your email** button, or you can enter the six-digit code from the email on the VA sign-in page and select **Continue**. You must confirm your email address within 15 minutes.



### Choose whether to enable multifactor authentication.

Multifactor authentication adds an extra layer of protection to your account.

**Please note that once you set up multifactor authentication, you will need to use a multifactor authentication method each time you sign in.**



#### If you select **Set up multifactor authentication:**

- Select a method of multifactor authentication. The most common method is receiving a sign-in code by text message or phone call. Select **Continue**.
- Complete multifactor authentication by entering the six-digit code sent to you by text message or phone call, or by using one of the provided alternative authentication methods. Select **Continue**.
- On the confirmation page, select **Continue**. You will receive an email confirming that you have enabled multifactor authentication.



#### If you select **Set it up later:**

You will be asked if you wish to set up multifactor authentication again every time you sign in.

Eventually, multifactor authentication will be required to sign in.

**After completing these steps, you will be redirected to your My HealthVet account.**

## Get More Information

Learn more about the new sign-in process at [myhealth.va.gov/one-place-to-sign-in](https://myhealth.va.gov/one-place-to-sign-in).

For technical help, call the My VA 4-1-1 information line anytime at 800-MyVA-411 (800-698-2411).



U.S. Department  
of Veterans Affairs